

OUTDOOR RANKINGS 2010

MEN

WOMEN

<i>Coach</i>	Name	Performance	100m	Performance	Name	<i>Coach</i>
<i>Tom Meyer</i>	Rhys Knapman	11.13/10.87w		11.98/11.85w	Rhiannon Yates	<i>Sean Power</i>
<i>Gareth Lease</i>	Chris Hill	11.07				
<i>Darrell Maynard</i>	Jon Hornblow	11.1				
<i>Gareth Lease</i>	Francis Baker	11.26/11.20w				
<i>Darrell Maynard</i>	Ross Allen	11.32				
<i>Gareth Lease</i>	Andrew Holmes	11.68				
			200m			
<i>Tom Meyer</i>	Rhys Knapman	21.53		24.45	Nadine Okyere	<i>Joe Caines</i>
<i>Darrell Maynard</i>	Jon Hornblow	22.31/22.12w		25.03	Zara George	<i>Sean Power</i>
<i>Darrell Maynard</i>	Ross Allen	22.62		25.4	Emma Pullen	<i>Darrell Maynard</i>
<i>James Thie</i>	Mark Fletcher	22.92		27.64/27.3	Kate Lysons	<i>Gareth Lease</i>
<i>Gareth Lease</i>	Chris Hill	22.96				
<i>Darrell Maynard</i>	Iain Bray	23.09				
<i>Self</i>	Callum McCabe	23.4				
			400m			
<i>Darrell Maynard</i>	Jon Hornblow	48.14		52.89	Nadine Okyere	<i>Joe Caines</i>
<i>Arwyn Davies</i>	Joe Thomas	48.25		54.61	Emma Pullen	<i>Darrell Maynard</i>
<i>Darrell Maynard</i>	Iain Bray	48.81/48.6		57.4	Emma Peters	<i>Darrell Maynard</i>
<i>Darrell Maynard</i>	Ross Allen	49.29				
<i>James Thie</i>	Mark Fletcher	49.62/49.6				
<i>Darrell Maynard</i>	Gareth Wiltshire	50.14				
<i>Darrell Maynard</i>	Nico Constanti	50.6				
<i>Gareth Lease</i>	Francis Baker	51.21				
<i>Darrell Maynard</i>	Antoni Davis-P	51.88				

<i>Coach</i>	Name	Performance	800m	Performance	Name	<i>Coach</i>
<i>Arwyn Davies</i>	Joe Thomas	1:47.07		2:13.5	Chloe Anderson	<i>James Thie</i>
<i>Darrell Maynard</i>	Tom Marley	1:50.00		2:17.1	Emma Pullen	<i>Darrell Maynard</i>
<i>Darrell Maynard</i>	Gareth Wiltshire	1:50.54		2:18.3	Charlotte Arter	<i>James Thie</i>
<i>James Thie</i>	Ieuan Thomas	1:51.70				
<i>Darrell Maynard</i>	Nico Constanti	1:52.78				
<i>James Thie</i>	Adam Bitchell	1:54.05				
<i>James Thie</i>	Mike Kershaw	1:54.7				
			1500m			
<i>James Thie</i>	Adam Bitchell	3:47.32		4:40.05	Charlotte Arter	<i>James Thie</i>
<i>James Thie</i>	Ieuan Thomas	3:48.07		4:41.42	Chloe Anderson	<i>James Thie</i>
<i>James Thie</i>	Tom Marshall	3:49.67				
<i>James Thie</i>	Mike Kershaw	3:56.05				
			5000m			
<i>James Thie</i>	Adam Bitchell	14:15.0		18:31.56	Charlotte Arter	<i>James Thie</i>
<i>James Thie</i>	Tom Marshall	14:25.48				
			10000m			
<i>James Thie</i>	Tom Marshall	31:26.61				
<i>James Thie</i>	Mike Kallenberg	32:46.62				
			110/100m H			
<i>Gareth Lease</i>	Francis Baker	14.76		13.50/13.39w	Ashley Helsby	<i>Malcolm Arnold</i>
<i>Gareth Lease</i>	Andrew Holmes	15.50		15.28	Kate Lysosn	<i>Gareth Lease</i>
				15.55	Emma Peters	<i>Darrell Maynard</i>
				16.35	Anwen Rees	<i>Wynford Leyshon</i>
			400m H			
<i>Darrell Maynard</i>	Gareth Wiltshire	52.27		59.82	Emma Peters	<i>Darrell Maynard</i>
<i>Darrell Maynard</i>	Mike Haslett	54.30		63.94	Anwen Rees	<i>Wynford Leyshon</i>
<i>Darrell Maynard</i>	Antoni Davis-P	55.39				

<i>Coach</i>	Name	Performance	S / C	Performance	Name	<i>Coach</i>
<i>James Thie</i>	Tom Whitmarsh-k	10:16.84		7:27.51	Chloe Anderson	<i>James Thie</i>
				7:33.38	Charlotte Arter	<i>James Thie</i>
			Relay			
	BUCS TEAM	43.39	4x100m	47.94	BUCS TEAM	
	BUCS TEAM	3:21.63	4x400m	3:52.11	BUCS TEAM	
			Long Jump			
<i>Gareth Lease</i>	Francis Baker	7.22		5.91	Rhiannon Yates	<i>Sean Power</i>
<i>Gareth Lease</i>	Andrew Holmes	6.55		5.60	Zara George	<i>Sean Power</i>
<i>Sean Power</i>	Adam Williams	6.49		5.03	Katy Sealy	<i>Gareth Lease</i>
<i>Sean Power</i>	Phil Warwicker	6.41		5.02	Kate Lysons	<i>Gareth Lease</i>
<i>Darrell Maynard</i>	Iain Bray	6.22				
			Triple Jump			
<i>Sean Power</i>	Adam Williams	14.20				
<i>Sean Power</i>	Phil Warwicker	13.62				
			High Jump			
<i>Sharon Heveran</i>	Francis Baker	1.98		1.75	Kate Lysons	<i>Sharon Heveran</i>
				1.66	Katy Sealy	<i>Sharon Heveran</i>
			Pole Vault			
<i>Self</i>	Scott Simpson	5.10		4.00	Jess Abraham	<i>Scott Simpson</i>
<i>Scott Simpson</i>	Francis Baker	4.51		4.00	Bryony Raine	<i>Scott Simpson</i>
<i>Scott Simpson</i>	Mike Reed	4.30		3.30	Rachel Thomas	<i>Keith Gurdy</i>
<i>Scott Simpson</i>	Andrew Holmes	4.02				
			Shot Putt			
<i>Nigel Bevan</i>	Brett Morse	15.90		12.41	Sarah Benson	<i>Nigel Bevan</i>
<i>John Dagata</i>	Eugene Bradley	15.33		10.11	Katy Sealy	<i>Gareth Lease</i>
<i>Nigel Bevan</i>	Francis Baker	11.71		9.70	Deb Ashley	<i>Nigel Bevan</i>
<i>John Dagata</i>	Nick Sheuerman	11.03		9.25	Kate Lysons	<i>Gareth Lease</i>

<i>Coach</i>	Name	Performance	Discus	Performance	Name	<i>Coach</i>
<i>Nigel Bevan</i>	Brett Morse	63.35		35.68	Sarah Benson	<i>Nigel Bevan</i>
<i>John Dagata</i>	Nick Sheuerman	44.14		35.15	Hayley Green	<i>Nigel Bevan</i>
<i>John Dagata</i>	Eugene Bradley	39.11				
<i>Nigel Bevan</i>	Francis Baker	35.49				
			Hammer			
<i>John Dagata</i>	Eugene Bradley	59.50		45.58	Hayley Green	<i>Nigel Bevan</i>
			Javelin			
<i>Nigel Bevan</i>	Andrew Holmes	49.35		33.76	Katy Sealy	<i>Nigel Bevan</i>
<i>Nigel Bevan</i>	Francis Baker	49.16		29.93	Kate Lysons	<i>Gareth Lease</i>
			Dec / Hept			
<i>Gareth Lease</i>	Francis Baker	7119		4403	Kate Lysons	<i>Gareth Lease</i>
				4120	Katy Sealy	<i>Gareth Lease</i>