



Welcome to Cardiff Met from your SU!

What is a Students' Union?

Independent
Charity to the
University.

Education Act
1994

Exist to
Represent
the Views of
CMet
Students.

Our work is shaped
by your needs.

We offer
services to
enhance the
experience of
students.

Sports, Socs,
Representation,
Advice, etc.

You automatically
became a member
with us when you
enrolled at Cardiff
Metropolitan
University!

SU: What We Do

Activities



Sports and Societies

Voice and Advice



Representation and Confidential Support

Venues and Events



Bar, Shop and fun stuff to do.

SU Societies

Meet all our societies at
Freshers' Fayre on 23rd
September at Cyncoed

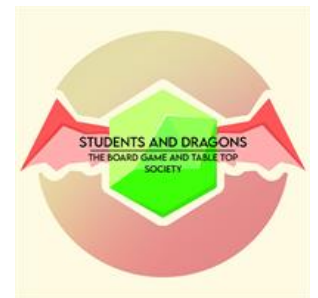
Student Groups

The SU is home to many
student societies.

Whether it's a hobby,
community group or political
– we have 30+ student
groups for you to get
involved with.

We are here to help with:

- Starting a new society
- Joining a society
- Helping committee members run their societies.
- Supporting you in running events for your society.



SU Sports

Meet all our sports clubs at Freshers' Fayre on 23rd September at Cyncoed

Student Sports

The SU supports the running of competitive and casual sports.

Our 30+ student teams include; Athletics, Volleyball. Weightlifting, Rugby, Football, and more

We are here to help with:

- Starting a new sports team
- Joining a sports team
- Details of fixtures
- Organizing travel to and from games.
- Varsity!



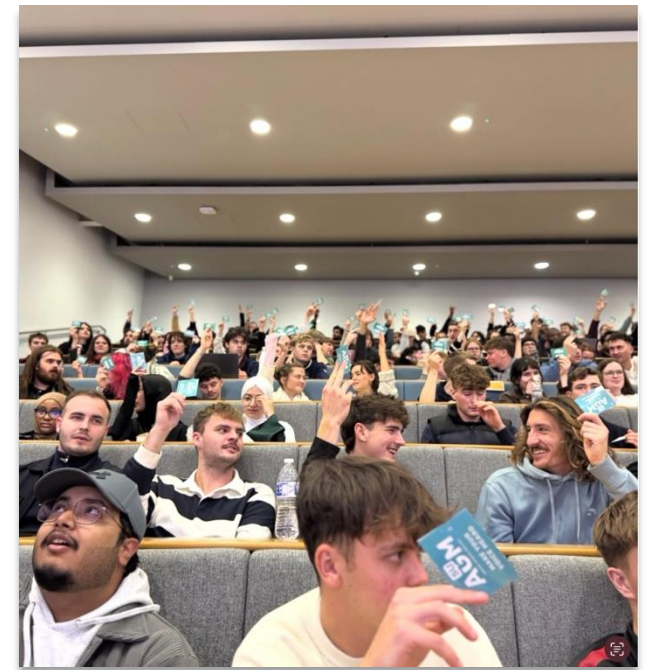
SU Voice

Student Led Change

The SU is ultimately run by you. The Voice Team are here to support you in shaping the SU's campaigns and political behaviors. We also run the Course Rep systems and support student officers

We are here to help with:

- Making change at the SU / Uni.
- Support with running campaigns.
- Everything Course Rep Related.
- Holding student leaders to account.
- Navigating university meetings.
- Passing on your feedback to student leaders.



SU Advice

Confidential and Impartial Support

Sometimes on your university journey, you might encounter a bump in the road. The SU are here to support and advise you on how best to navigate these obstacles.

We are here to help with:

- Academic Appeals
- Mitigating Circumstances
- Complaints against the University



Free contraceptives, pregnancy and STI Testing Kits are also available from the SU Offices.

SUAdvice@Cardiffmet.ac.uk

Your Sabbatical Team

Your Student Leaders

Elected by students in March.

Sit in the most senior meetings.

Paid a full-time wage.

Trustees of the Students' Union.

Run campaigns on your behalf.

Challenge the university on your behalf.

Suzann George
Education and
Welfare President

Ashhar Khan
Experience and
Inclusion
President

Muskaan Ali
Activities and
Communities
President



@CMETSUSABBS



Student Officers

Volunteer positions

Members of SU Forum

Can be reached Via email / Teams

Work to remove barriers to education, run campaigns, and build communities

What they do

- Represent different student groups to the university, work to remove barriers and ensure their voices are heard
- Run campaigns and activities
- Vote on student issues at SU Forum



School Reps

Volunteer positions

Members of SU Forum

Can be reached Via
email / Teams

Work with Course
Reps to gather
feedback and raise
this at a school level.

What they do

- Represent Students within a school on academic matters.
- Run campaigns and activities.
- Vote on student issues at SU Forum
- Support Course Reps with raising issues



Student Officers

How to get in touch with your student leaders

Brodie Collins- LGBTQIA+	Lloyd Brockhurst- Welsh Language	Aphia Strouse- Zukosky- Disabled and Neurodiverse	Siri Duggirala- International Students	Vacant- Global Majority Officer	Vacant- Postgrad Officer
SULgbtofficer @Cardiffmet.ac.uk	SUSwyddogcymraeg @Cardiffmet.ac.uk	SUDisabilitiesofficer @cardiffmet.ac.uk	SUInternationalofficer @cardiffmet.ac.uk	SUGlobal@Cardiffmet. ac.uk	SUPgt@Cardiffmet. ac.uk

Interested in these roles? Email
representation@cardiffmet.ac.uk

School Reps

Freya Hughes- CSSHS Llandaff	Erin Victoria Mora Colton - CSAD	Maddison Young - CSESP	Adnan Jakaria Fahmid - CSM	Renuka - CST	Vacant- CSSHS Cyncoed
CsshslRep@Cardiff met.ac.uk	CSADrep@Cardiffmet. ac.uk	CSESPrep@Cardiff met.ac.uk	CSMRep@Cardiffmet.ac. uk	CSTRep@Cardiffmet.a c.uk	CsshscyRep@Cardiff met.ac.uk

Course Reps

Course Reps are volunteer roles who look to challenge and support your programme leaders in making it the best academic experience it can be.

They gather feedback on what is going well, and what could be better – then work with the university teams to create actions which address issues and keep what's going well stay so.

What does the role entail?

- 30 mins of gathering feedback a fortnight.
- Attending Programme Committee Meetings termly.
- Attending Student Staff Liaison Committees.
- Telling students what happened in those meetings.



Recruitment takes place during your first weeks of study!

The SU then will provide training and on-going support during their time in the role.

Course Rep Rewards

H.E.A.R

Higher
Education
Achievem
ent Report

Course Rep
Certificate

Long lasting
change for
your and
future
cohorts

Course
Rep of the
Month

Course Rep Sign up

Sign up to a FREE Course Rep Membership by scanning the QR code (or visiting Course Rep Resources on the SU Website) to become a Course Rep. You will then be able to undergo training.



**ENJOY YOUR
TIME AT
CARDIFF MET!**



cardiffmet  metcaerdydd