



Welcome to Cardiff Met!

From Your Students'
Union

cardiffmet  metcaerdydd

What is a Students' Union?

Independent
Charity to the
University.

The Uni are not our
bosses, you are!

Student-
Led.

Our work is shaped
by your needs.

We want to make
sure you have the
best university
experience
possible.

A fun and fair academic
journey.

You automatically
became a member
with us when you
enrolled at Cardiff
Metropolitan
University!

SU: What We Do

Activities



Sports and Societies

Voice and Advice



Representation and Confidential Support

Venues and Events



Bar, Shop and fun stuff to do.

SU Societies

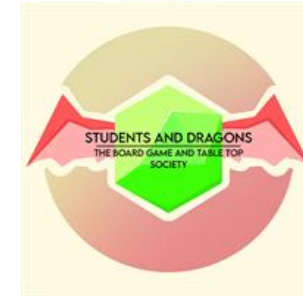
Student Groups

The SU is home to many student societies.

Whether it's a hobby, community group or political – we have 25+ student groups for you to get involved with.

We are here to help with:

- Starting a new society
- Joining a society
- Helping committee members run their societies.
- Supporting you in running events for your society.



SU Sports

Student Sports

The SU supports the running of competitive and casual sports.

Our 30+ student teams include; Athletics, Volleyball, Weightlifting, Rugby, Football, and more

We are here to help with:

- Starting a new sports team
- Joining a sports team
- Details of fixtures
- Organizing travel to and from games.
- Varsity!



SU Voice

Student Led Change

The SU is ultimately run by you. The Voice Team are here to support you in shaping the SU's campaigns and political behaviors. We also run the Course Rep systems and support student officers

We are here to help with:

- Making change at the SU / Uni.
- Support with running campaigns.
- Everything Course Rep Related.
- Holding student leaders to account.
- Navigating university meetings.
- Passing on your feedback to student leaders.



SU Advice

Confidential and Impartial Support

Sometimes on your university journey you might encounter a bump in the road. The SU are here to support and advise you on how best to navigate these obstacles.

We are here to help with:

- Academic Appeals
- Mitigating Circumstances
- Complaints against the University



Free contraceptives, pregnancy and STI Testing Kits are also available from the SU Offices.

SUAdvice@Cardiffmet.ac.uk

Your Student Leaders

Challenging and Supporting the
university on your behalf.



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Student Representation

Your Full-Time Student
Leaders

Elected by you in our SU Elections

Sit in the most senior meetings.

Paid a full-time wage.

Trustees of the Students' Union.

Run campaigns on your behalf.

Challenge the university on your behalf.

Souparnika
Parameswaran
Namboothiri

SUPresident@car
diffmet.ac.uk



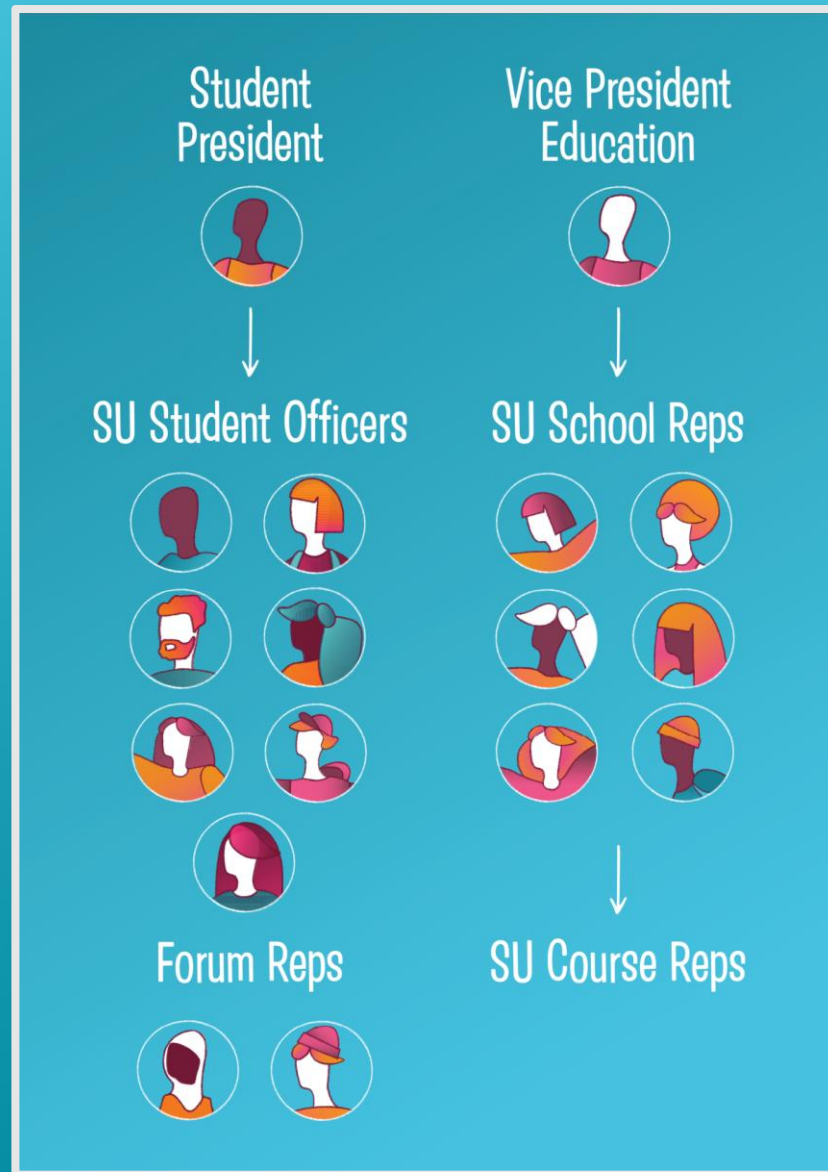
Vaishnavi Chopde

SUEducation@car
diffmet.ac.uk

Student Leaders

Student Officers.

- LGBTQIA+ Students' Officer
- Welsh Language Students' Officer
- International Students' Officer
- Global Majority Students' Officer
- Disabled and Neurodiverse Students' Officer
- Post Grad Taught Students Officer
- Post Grad Research Students Officer



Student Officers.

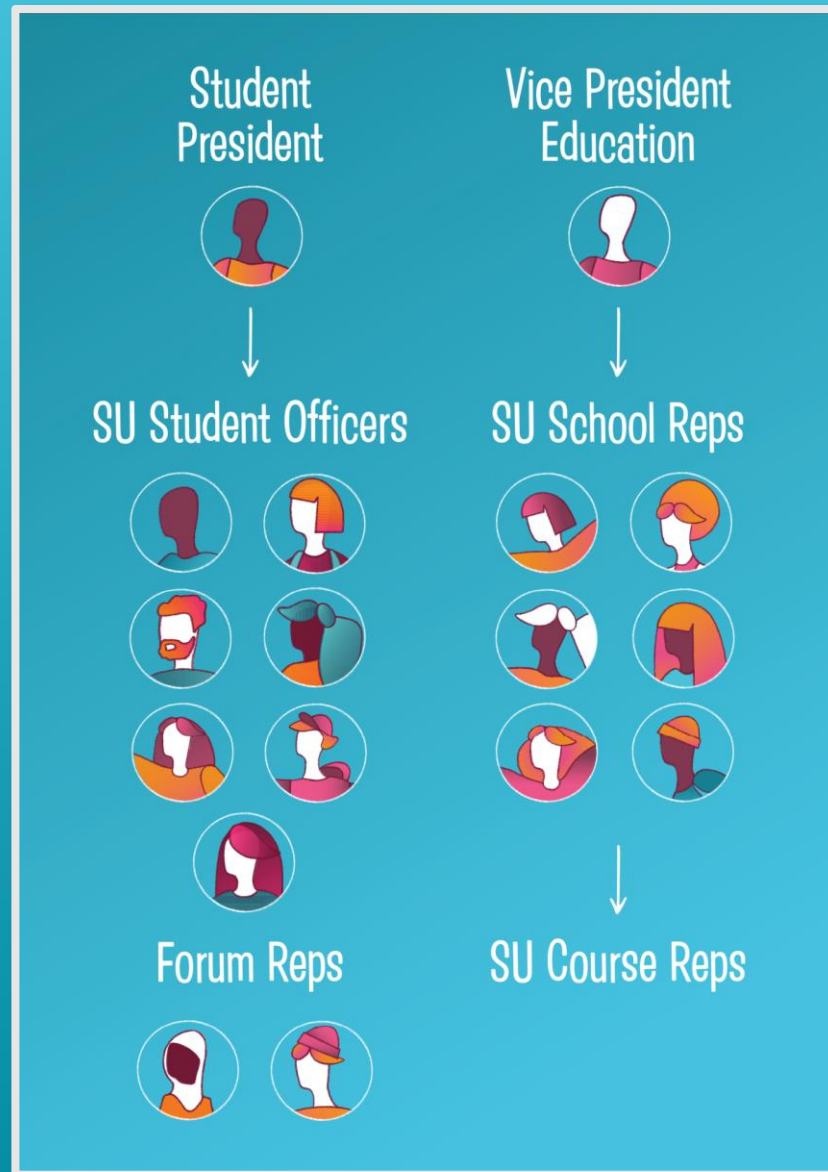
- Represent different student groups to the university, to remove barriers and ensure their voices are heard.
- Run campaigns and activities.
- Vote on student issues at SU Forum

Contact details for each officer can be found on our website!

Student Leaders

School Reps

- CSSHS Cyncoed Rep
- CSSHS Llandaff Rep
- CSAD School Rep
- CST School Rep
- CSM School Rep
- CESP School Rep



School Reps

- Represent Students within a school on academic matters.
- Run campaigns and activities.
- Vote on student issues at SU Forum
- Support Course Reps with raising issues

Contact details for each Rep can be found on our website!

Course Reps

Course Reps are volunteer roles who look to challenge and support your programme leaders in making it the best academic experience it can be.

They gather feedback on what is going well, and what could be better – then work with the university teams to create actions which address issues and keep what's going well stay so.

What does the role entail?

- 30 mins of gathering feedback a fortnight.
- Attending Programme Committee Meetings termly.
- Attending Student Staff Liaison Committees.
- Telling students what happened in those meetings.



Recruitment takes place during your first weeks of study!

The SU then will provide you training and on-going support during your time in the role.

Thanks! Enjoy your
time at Cardiff Met!

Cardiffmetsu.co.uk

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